

COME TRY OUR

# MARTIAL ARTS CLASSES



**LEARN NEW SKILLS &  
MAKE NEW FRIENDS!**

- > Self-Defense
- > Focus
- > Get Healthy
- > Confidence
- > Awareness
- > Reduce Stress



**BOB JONES  
MARTIAL ARTS**

**> GIVE BJMA A TRY!**

# CONNELL MUAY THAI

Instructors: Julie & Mark Connell

Home Studio, 11 Wincott Crescent  
POINT COOK, VIC, 3030



0400 097 409 or 0422 250 027



info@connellkickboxing.com



CONNELLMUAYTHAIKICKBOXING,  
KIDZKICKBOXINGPOINTCOOK,  
STANDINGSTRONGSELFDEFENCE